



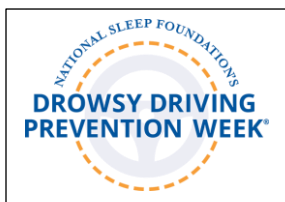
## AEA SAFETY COMMITTEE

### November 2023 NEWSLETTER

[www.aeanj.org](http://www.aeanj.org)

## DRIVING DROWSY PREVENTION WEEK NOVEMBER 5<sup>th</sup> – 11<sup>th</sup>

Drowsy driving is impaired driving. According to the Centers for Disease Control and Prevention, about 1 in 25 adult drivers report having fallen asleep while driving in the previous 30 days, and many more admit to driving when they were sleep-deprived. What drivers may not realize is how much drowsy driving puts themselves – and others – at risk. In fact, an estimated 6,400 people died annually in crashes involving drowsy driving, according to the National Sleep Foundation.



### [Drowsy Driving Prevention](#)

### [Managing Fatigue for the Fleet Safety Professional](#)

### [OSHA Motor Vehicle Safety](#)

### November 14th is World Diabetes Day

Preventing type 2 diabetes and managing diabetes effectively is a smart business move for both you and your employees!

[Diabetes in the Workplace](#)

[American Diabetes Resources](#)

[National Diabetes Tool Kit](#)

### DANGERS OF DIESEL EXHAUST

Workers exposed to diesel exhaust face the risk of health effects ranging from irritation of the eyes and nose, headaches and nausea, to respiratory disease and lung cancer.

[OSHA Standards Diesel Exhaust](#)

[Diesel-particulates filters/catalyst](#)

[Diesel Exhaust/Diesel Particulate Matter](#)

## WORK ZONE SAFETY

Work zones need traffic controls identified by signs, cones, barrels and barriers. Drivers, workers on foot, and pedestrians must be able to see and understand the proper routes. Construction project managers determine traffic control plans within construction/demolition worksites.

### [NJDOT Work Zone Safety Setup Guide](#)



If you have any safety or risk management issues the AEA Safety Committee is here to help!

Need answers or resources email [JKessler@acua.com](mailto:JKessler@acua.com) or [Karen@aeanj.org](mailto:Karen@aeanj.org)

Our committee meets quarterly if you would like to join us!

Our next scheduled meeting is Friday, January 19, 2024 at 10:00 am via zoom