



AEA SAFETY COMMITTEE
JANUARY 2023 NEWSLETTER
www.aeanj.org

Protecting Yourself from Cold Stress

Workers who are exposed to extreme cold or work in cold environments may be at risk of cold stress. Extremely cold or wet weather is a dangerous situation that can cause occupational illness and injuries such as hypothermia, frostbite, trench foot, and chilblains.

For more information right click to open: [ProtectYourself from Cold Stress](#)

REMINDER!!!!!! 2022 OSHA 300 LOGS MUST BE POSTED FEBRUARY 1st – April 30th 2023

<https://www.osha.gov/recordkeeping/forms>

The Top 10 most frequently cited workplace safety standards for FY 2022 are:

1. Fall Protection – General Requirements (1926.501): **5,260 violations**
2. Hazard Communication (1910.1200): **2,424**
3. Respiratory Protection (1910.134): **2,185**
4. Ladders (1926.1053): **2,143**
5. Scaffolding (1926.451): **2,058**
6. Lockout/Tagout (1910.147): **1,977**
7. Powered Industrial Trucks (1910.178): **1,749**
8. Fall Protection – Training Requirements (1926.503): **1,556**
9. Personal Protective and Lifesaving Equipment – Eye and Face Protection (1926.102): **1,401**
10. Machine Guarding (1910.212): **1,370**

<https://www.nj.gov/health/workplacehealthandsafety/peosh/>

<https://www.osha.gov/>

If you have any safety or risk management issues the AEA Safety Committee is here to help!

Need answers or resources email JKessler@acua.com or Karen@aeanj.org

Our committee meets quarterly via zoom if you would like to join us!

Our next scheduled meeting is Friday, April 21, 2023 at 10:00 am.