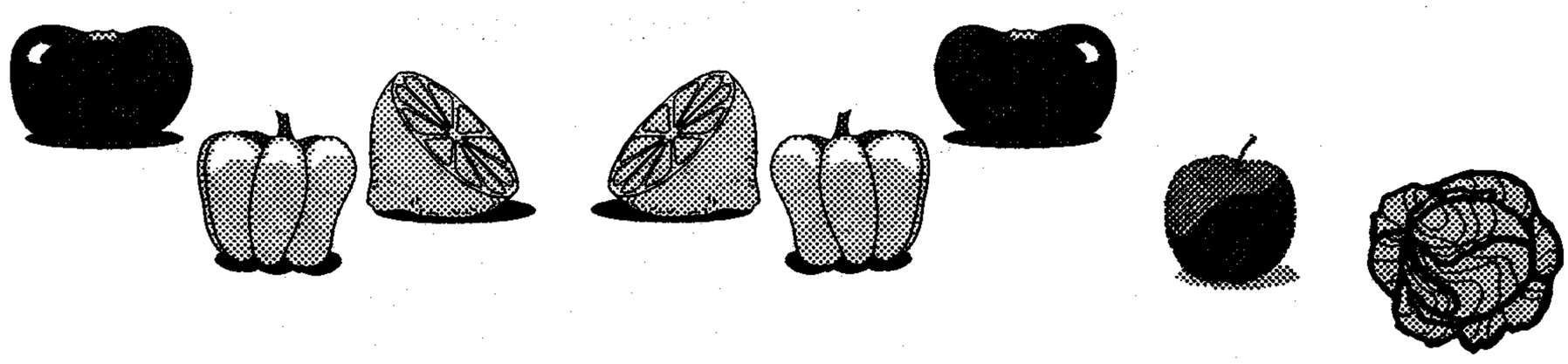
NAME: _____

PERCENTAGE OF WATER
ACTIVITY LOG

FRUIT/VEGETABLE	WEIGHT/ FRESH	WEIGHT/ DRIED	PERCENT OF WATER